Appendix A

Scrambled Sentences Test

Sample items:

An example of a worry-related item is as follows: ‘money don’t do I about worry’, which could be unscrambled to form either ‘I do worry about money’ (negatively valenced) or ‘I don’t worry about money’ (positively valenced).

An example of a depressive-rumination item is ‘ruining am improving my life I’, which could be unscrambled to either ‘I am ruining my life’ (negatively valenced) or ‘I am improving my life’ (positively valenced).